

ABUSE IN LATER LIFE EDUCATION SERIES FOR ADVOCATES:

# PROVIDING TRAUMA-INFORMED ADVOCACY FOR OLDER SURVIVORS

Module 11

National Clearinghouse on Abuse in Later Life

2017

## Office on Violence Against Women Abuse in Later Life Program

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# As a Result of This Training, Participants Will Be Better Able to:

□ Identify the effects of trauma on trauma survivors

□ Provi	ide tı	rauma	ı-inforr	ned a	dvocacy	when	working	with	older
survi	vors								

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### **Trauma-Informed Advocacy**

□ Requires clear understanding of trauma and its effects over a lifetime

□ Recognizes diversity and cultural differences

□ Takes the time necessary to listen and build trust

 Understands how an individual may respond to trauma during and after the event

□ Recognizes the power imbalance that may exist between victim and helping agencies

### Tips for Working with Persons Affected by Trauma



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#### **Traumatized Mind**

- ☐ Trauma: freeze, fight, flight
- □ During traumatic incident, "doing" brain responds, "thinking" brain is under-used
- □ Memories of event may be scattered
- □ Trust may be difficult

#### How to Approach a Victim of Trauma

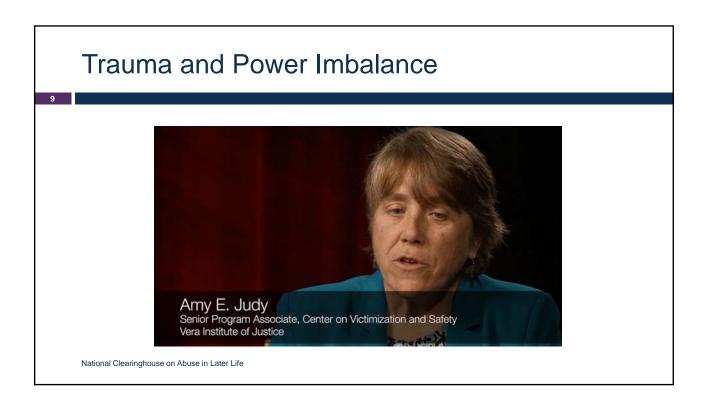
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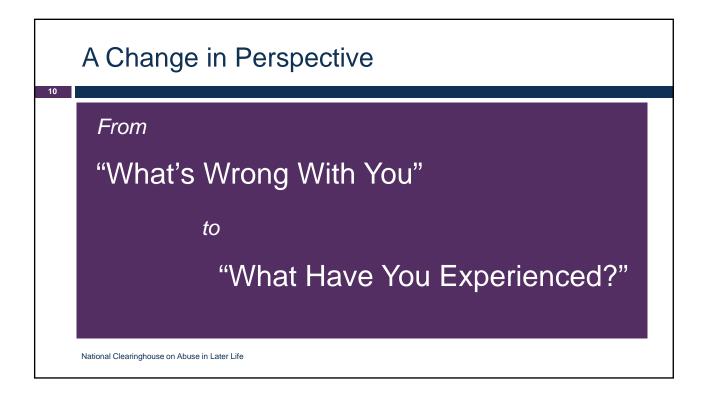


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### Listening to Trauma Survivors

- □ Allow survivor to have one or two sleep cycles before interview
  - □ Allow victim to tell their experience without interruption
  - □ Say "I'm sorry this happened to you" and "I'm glad you're here"
  - □ Don't ask "why?" but instead say "tell me more about that"
  - □ Listen without judgment or skepticism, even if victim's account sounds confusing





#### Trauma: Expect the Unexpected

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### **Summary**

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- □ Older survivors may have experienced harm throughout their lifetime
- □ Understanding the impact of trauma can help service programs create trauma informed services
- ☐ Trauma aware advocates can better meet the needs of older survivors

#### Video Presenters

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□ Amy Judy
Senior Program Associate, Center on Victimization and Safety,
Vera Institute of Justice

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#### Thank You

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- □ Special thanks to Terra Nova Films for the ongoing working partnership with NCALL and the beautiful video production
- □ www.terranova.org

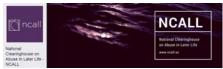


### Staying Connected to NCALL and Other Advocates

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- □ Sign up for our enewsletter: http://oi.vresp.com/?fid=03fcc93262
- □ Join our listserv for advocates serving older survivors: ncall@ncall.us
- ☐ Join us on Facebook: www.facebook.com/ncall.us
- ☐ Join us on Twitter: www.twitter.com/ncall\_us





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National Clearinghouse on Abuse in Later Life, a project of End Domestic Abuse Wisconsin: (Wisconsin Coalition Against Domestic Violence)

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