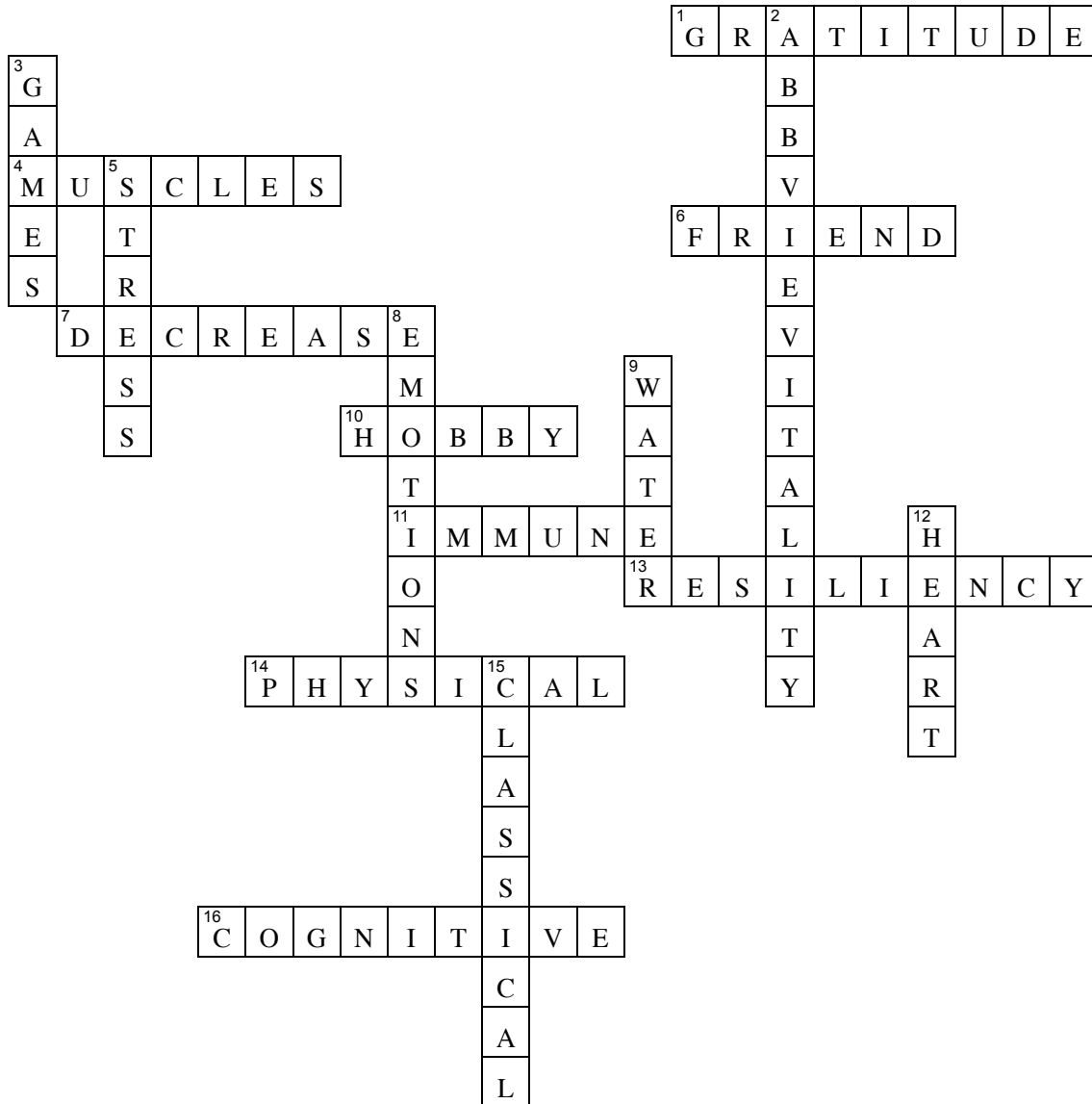


ACROSS

1. Thank you, Gracias, Xie xie, Merci
4. It takes more of these to frown, but only a few to smile
6. Opposite of nemesis or enemy
7. A 3% _____ in water levels in the body can result in brain fog, low energy and increased hunger
10. Extracurricular activity
11. Laughter helps improve your _____ system
13. Ability to stay positive and mentally strong no matter what life throws your way
14. Social, mental, emotional and _____ are components of your well-being
16. Mental processes associated with perception, memory, judgment and reasoning

DOWN

2. AbbVie's global well-being program, including AbbVie in Motion and AbbVie WOW
3. Mahjong, Futbol and Bocce Ball are examples of these
5. Causes cortisol and epinephrine to be released in your body
8. Your limbic system controls these
9. Can exist in the form of a liquid, solid or gas
12. Four chambers that keep your body going
15. Wolfgang Amadeus Mozart is known for _____ music



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SUDOKU

As part of our Think day, boost your brainpower by playing Sudoku. The object of Sudoku is to fill all of the empty cells with numbers 1 – 9. However, each number can only appear once in each row, column and 3x3 region.

9	5		4		1	2		
	7						4	
	1			6	7		5	8
	4		1					
2		1		8			9	
		6	9	2		3	1	7
	6	3			5		2	9
				4	9			
	9	7	3			6		5

2				9	6		7	8
	9	7				1		6
		1		2	4			
5		2					1	
	6		9		1	2		7
1				5	2			4
		6	2	8				3
8						9	6	
7	3		6	1				2

7	9	1	8				4	
			5	9			8	3
		3	1					9
	5	7		6		8	9	
		8	9				6	
4	6		7		2			1
8		5	6	1			2	7
2	7					4		
			2		8	5	3	

2		4		3	9	8		6
			7		6	1		4
6	5							
		1		8				
3		8		5	7	9	4	1
9					2			3
7		5		6	4		1	8
	8		1	9				2
		2						5

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9	5	8	4	3	1	2	7	6
6	7	2	5	9	8	1	4	3
3	1	4	2	6	7	9	5	8
7	4	9	1	5	3	8	6	2
2	3	1	7	8	6	5	9	4
5	8	6	9	2	4	3	1	7
1	6	3	8	7	5	4	2	9
8	2	5	6	4	9	7	3	1
4	9	7	3	1	2	6	8	5

2	5	3	1	9	6	4	7	8
4	9	7	5	3	8	1	2	6
6	8	1	7	2	4	3	9	5
5	4	2	3	6	7	8	1	9
3	6	8	9	4	1	2	5	7
1	7	9	8	5	2	6	3	4
9	1	6	2	8	5	7	4	3
8	2	5	4	7	3	9	6	1
7	3	4	6	1	9	5	8	2

7	9	1	8	2	3	6	4	5
6	4	2	5	9	7	1	8	3
5	8	3	1	4	6	2	7	9
3	5	7	4	6	1	8	9	2
1	2	8	9	3	5	7	6	4
4	6	9	7	8	2	3	5	1
8	3	5	6	1	4	9	2	7
2	7	6	3	5	9	4	1	8
9	1	4	2	7	8	5	3	6

2	1	4	5	3	9	8	7	6
8	3	9	7	2	6	1	5	4
6	5	7	8	4	1	2	3	9
5	4	1	9	8	3	6	2	7
3	2	8	6	5	7	9	4	1
9	7	6	4	1	2	5	8	3
7	9	5	2	6	4	3	1	8
4	8	3	1	9	5	7	6	2
1	6	2	3	7	8	4	9	5

WHAT'S DIFFERENT?

Put your thinking cap on and challenge your brain! See if you can spot the eight subtle differences between these two scenes.



Answer Key:

1. The pattern on the far right banner has changed
2. The time on the clock has changed
3. The "r" in Party is flipped
4. The man on the far left no longer has a watch
5. The blonde woman has more bracelets
6. One of the balloons by the water cooler is missing
7. The man in the front, in red, is missing a stripe on his pants
8. The man by the water cooler does not have a mustache