



RESPONSIBLE GAMBLING STARTS HERE.

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Media Contact:

Sarah Irvin Clark
(614) 225-9100
sarah@irvinpr.com

**OHIO FOR RESPONSIBLE GAMBLING OFFERS FREE TOOLKIT
TO HELP COMMUNITIES PREVENT PROBLEM GAMBLING**

*Ohio's Before You Bet program wants people to know the warning signs
of problem gambling early and find ways to be responsible.*

[Columbus, OH]—Organizations across the state of Ohio and the general public now have access to an award-winning toolkit to use as a way to combat problem gambling in Ohio.

Ohio For Responsible Gambling produces the state's [Before You Bet Program](#). Stacey Frohnappel-Hasson, bureau program chief, Ohio Department of Mental Health and Addiction Services, said the program aims to provide education and grow awareness of how to keep gambling fun for those who gamble and how to get help for those who need it.

"Gambling is new for many Ohioans, and we want people to know the warning signs early and find ways to be responsible," she said.

According to the National Council on Problem Gambling, about 2% of the population has some gambling problem. Frohnappel-Hasson says Ohio data suggests more than 90,000 Ohioans may be problem gamblers.

"It's easier to gamble now than it ever has been," she said.

The free toolkit is available at www.beforeyoubet.org. It features posters and other advertising material that can be customized for local markets. Frohnappel-Hasson said the material is suitable for both adults and children. The website also has a free online quiz people can take to better understand if they have a potential problem with gambling. There's also material that helps people understand how to set proper limits on wagering.

"Moderation matters," Frohnappel-Hasson said. "Almost everyone will lose over time. Gambling should be a social activity, and not a source of income."

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ABOUT OHIO FOR RESPONSIBLE GAMBLING:

The State of Ohio formed [Ohio for Responsible Gambling \(ORG\)](https://www.ohioforresponsiblegambling.org) to help Ohio communities reduce problem gambling and build awareness of resources available for prevention and treatment of gambling disorders. Get Set Before You Bet is meant to provide education and to grow awareness of how to keep gambling fun for those who gamble and how to get help for those who need it. The Get Set Before You Bet awareness campaign is supported by funds collected through Ohio's taxes on gambling.