



RESPONSIBLE GAMBLING STARTS HERE.

More than 90,000 people in Ohio may be problem gamblers.

- Males 18-44, of any race or ethnicity, are the largest at-risk group.
- Women over age 50 and rural women are more likely to be at-risk for problem gambling.
- 15% of Ohio Youth ages 12-17 are gambling, and 3% of them are experiencing negative consequences from gambling.
- In a recent survey, 19% of those identifying themselves as African-Americans were identified as at-risk or problem gamblers.
- The same survey found 15% of those identifying themselves Hispanic were identified as at-risk or problem gamblers.
- 12% of survey respondents identifying themselves as “Other Race” were at-risk or problem gamblers.

Gambling addiction can be a silent and deadly problem.

- Researchers estimate more than 80% of gambling addicts never seek treatment.
- 26% of adults with serious depression are at-risk for problem gambling in Ohio.
- Individuals who had the urge to use drugs or medications after a painful life event were most likely to be in the at risk/problem gambling group at 14.8%
- Of those living with gambling addiction, 38% consider committing suicide.
- Of those considering suicide, 1 in 3 attempt to take their own lives.

Sports Betting will only continue to grow.

- The global sports betting market will grow from \$104 billion to \$155 billion between 2018-2024, according to a [Zion Market Research](#) report.
- Some Ohio legislators believe [sports wagering will be legal in Ohio](#) by the start of the 2020 football season.
- 42 states are considering or have passed bills to legalize sports betting.
- ESPN and FOX both created daily sports betting shows that air five days a week.

There are specific warning signs for problem gambling.

- Hiding time spent gambling, or hiding bills and unpaid debts.
- Being restless or irritable when not gambling.
- Lying about how much time or money is spent on gambling.
- Losing valuable items with more consistency.



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It's possible for people to gamble responsibly.

- Gamble with money only set aside for entertainment.
- Understand almost everyone loses over time. Gambling isn't a generator of revenue.
- Knowing more won't guarantee a win.
- Set limits on time and money spent.

The goal of Ohio For Responsible Gambling is to provide people with the tools and resources needed to gamble responsibly.

- Ohio for Responsible Gambling has a free and full community toolkit at beforeyoubet.org that can help organizations, families, and the general public.
- The toolkit has a quiz to see if you or someone you know might have a problem.
- You can live chat with an expert or call 800-589-9966.
- It's all free of charge and can be customized for local organizations.

ABOUT OHIO FOR RESPONSIBLE GAMBLING:

The State of Ohio formed [Ohio for Responsible Gambling \(ORG\)](http://ohioforresponsiblegambling.org) to help Ohio communities reduce problem gambling and build awareness of resources available for prevention and treatment of gambling disorder. Get Set Before You Bet is meant to provide education and to grow awareness of how to keep gambling fun for those who gamble and how to get help for those who need it. The Get Set Before You Bet awareness campaign is supported by funds collected through Ohio's taxes on gambling.