



RESPONSIBLE GAMBLING STARTS HERE.

Veterans Struggle with Gambling Addiction at Double the Rate of U.S. Population

*Ohio experts available to discuss trends
and available resources to combat this addiction*

The Situation: A 2019 research report on Ohioans and gambling found a growing trend of social, emotional, and physical challenges related to sports wagering. As of 2012, approximately 86,500 veterans in Ohio had some form of gambling disorder. That's about 10% of all veterans in the state. In Ohio, 8,650 veterans in Ohio seek treatment. That's less than 10% of those with a problem.

Nationally, three of four veterans with a gambling problem or disorder suffer from depression. Two in three veterans who are receiving residential treatment reported attempting suicide.

Nationally, the percentage of veterans with a gambling issue doubles the general population. [The National Council on Problem Gambling](#) estimates that as many as 56,000 active duty members of the Armed Forces meet criteria for gambling disorder. Many are in the early stages of their addiction, where treatment options can have a higher success rate.

The Solution: [Ohio For Responsible Gambling](#) has earned national recognition for its Before You Bet campaign. Its diverse set of tools provide education and grow awareness of how to keep gambling fun for those who gamble and how to get help for those who need it.

- [A free community toolkit](#) has customizable resources appropriate for organizations that work with veterans.
- [A free online quiz](#) can help people better understand if they have a potential problem with gambling.
- [Free family resources](#) offer support for family members to help loved ones with a potential problem and to cope themselves.

The Sources: Local experts can be available to talk about veterans and gambling, potential warning signs, and local resources available to help those in need. To arrange a conversation, please contact:

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