

— IF YOU GAMBLE —
GET SET
BEFORE
YOU BET



GET SET.
TAKE THE QUIZ.

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GAMBLING PROBLEM? 1-800-589-9966

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gambling

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RESPONSIBLE GAMBLING STARTS WITH **YOU.**



Set limits on how much you bet



Have other hobbies outside of gambling



Keep gambling a social activity



Know the risks before you bet



Pay your bills before gambling



Put family and friends before gambling

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