

— IF YOU GAMBLE —  
**GET SET**  
**BEFORE**  
**YOU BET**



**GET SET.**  
**TAKE THE QUIZ.**

**BEFOREYOU BET.ORG**

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gambling

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# RESPONSIBLE GAMBLING STARTS WITH **YOU.**



Set limits on how  
much you bet



Have other hobbies  
outside of gambling



Keep gambling  
a social activity



Know the risks  
before you bet



Pay your bills  
before gambling



Put family and friends  
before gambling

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