

African American Toolkit: Social Media Posts

Before You Bet

Life can be complicated. But responsible gambling doesn't have to be. Gauge your risk for problem gambling and take the quiz at BeforeYouBet.org #TakeTheQuiz #BeforeYouBet

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SOCIAL MEDIA POST 1

Before You Bet

It's important to know that betting should be a form of entertainment, not a form of income. Know your risk and set limits at BeforeYouBet.org. #KnowYourRisk #BeforeYouBet

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SOCIAL MEDIA POST 2

Before You Bet

Life can be complicated, but responsible betting doesn't have to be. If you choose to bet, make sure to get the facts, and learn how to gamble responsibly at BeforeYouBet.org. #BeforeYouBet #GetInformed #ResponsibleGambling

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SOCIAL MEDIA POST 3

Before You Bet

Being responsible can mean setting limits on lots of things, like making betting a form of entertainment, not a form of income. Educate yourself on the signs of problem gambling at BeforeYouBet.org. #BeforeYouBet #ResponsibleGambling

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SOCIAL MEDIA POST 4

Before You Bet

Do you enjoy sports betting, lottery, or online games? Do you borrow money for betting, lie about how much time or money you spend betting, or minimize your losses? If this sounds familiar, you might be at-risk for problem gambling. Free, confidential help is always available at 1-800-589-9966. #BeforeYouBet #GamblingHelpline

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SOCIAL MEDIA POST 5

Before You Bet

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SOCIAL MEDIA POST 6

Before You Bet

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