

Nicole Gonzalez

Corn, Squash, Beans

The Spiritual Symbiotic Triad

White corn masa harina
puff up on the comal,
Calabacitas steaming
under the lid.
Ayocote frijoles slowly
simmer with epazote.

The Three Sisters

Blue corn mush, Tóshchíín
sweetened with a bit of honey,
summer squash stewed
with NAPI yellow beans
and spices.

The Holy Trinity

Fluorescent kernels
sealed by the Green Giant,
Sara Lee adding
real ingredients
to your pumpkin pie,
French's green bean casserole
baking at 350°F for 40 minutes.