

Foundations of Advocacy Training May 15 & 16, 2019, Holiday Inn Stevens Point

This training is designed for new domestic abuse and sexual assault advocates. For two days participants will gather to review DV dynamics, trauma, counseling basics, and advocating within systems. Participants will have time for practicing skills and self-care during this highly interactive training, which is also offered in the Fall. See agenda, pages 2-3 for more details.

Details

Where: Holiday Inn Hotel & Convention Center, 1001 Amber Avenue, Stevens Point, WI 54482

When: Wednesday, May 15, 2019 9:00 a.m.- 4:45 p.m. & Thursday, May 16 8:30 a.m.-4:30 p.m.

Registration Deadline: Wednesday, May 8, 2019 (Space is limited, so register early! Registration will be closed early if capacity is reached before the deadline.)

Cost: \$50. The preferred payment method is a credit card at registration. Refunds will be issued, less \$10 for administrative fees, for cancellations received in writing by May 8, 2019.

To Register Online: Registration is at www.endabusewi.org/event/foundations-of-advocacy/

Scholarships: Those who have a financial need and are part of a community that is marginalized within mainstream culture or institutions are invited to complete an application for a scholarship to waive the registration fee using this [Scholarship Application Link](#).

Lodging & Meals: Morning refreshments and lunch will be provided. To reserve a room at the Holiday Inn, call 715-344-0200 by April 14 and mention End Abuse. Rooms are \$82/night. We suggest that guests bring a copy of a tax exempt certificate with them at check-in to avoid paying room taxes, as well as a photo ID and credit card for incidentals.

Questions? Need assistance? If you need assistance to register or apply for a scholarship, contact Colleen (608-237-3979 or colleenc@endabusewi.org.)

Online Learning: You may also want to check out the [New Advocate Manual](#) created to supplement in-person and on-the-job training for new advocates at domestic abuse programs.



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May 15, 2019

Time	Session
8:30-9:00am	Sign in, coffee
9-9:15am	Introductions and Overview of Foundations Training
9:15-10:15am	Dynamics of Domestic Abuse , Kathy Junion, CAP Services How are the experiences of domestic abuse unique from other forms of violence? This overview will discuss how we can recognize and better understand the dynamics of abuse, and how these dynamics might play out differently in different contexts. We will look at tools and resources that can lead to a deeper understanding of the context, intent, and effect of abusive behaviors.
10:15-10:30am	Break
10:30-11:45am	Trauma Informed Practices: Your Work with Survivors, Your Work within Your Organization , Cody Warner (End Abuse) In order to use trauma-informed practices, we need to first understand what it means to experience trauma. In this overview we will discuss different kinds of trauma, some signs and behaviors associated with trauma, and ways that we as advocates might encounter and respond to these behaviors in our daily work.
11:45am-12:45pm	Lunch
12:45-1:45pm	Living in the World of Gray , Sue Sippel, Family Center This interactive session will help a new advocate gain various perspectives on how to handle situations for which there is no black/white answer.
1:45-2pm	Break
2-3:30pm	Crisis Counseling Basics , Kathryn Chapman (End Abuse) In this interactive session we will take a deeper dive into our trauma informed work as advocates, focusing on the skills we need to provide crisis counseling. Sections include: Advocacy 101; How survivors experience trauma; Methods of supporting survivors; The Framework of Advocacy; Common crisis line questions; and Trauma reaction scenarios practice.
3:30-4:30m	Secondary and Vicarious Trauma: Focus on the Advocate , Cody Warner (End Abuse) Our understanding of trauma-informed practice must prioritize recognizing our own trauma experiences, our exposure to trauma in our work, and ways that we might help ourselves and each other to manage the impact of this work.
4:30-4:45pm	Closing for the Day

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May 16, 2019

Time	Session
8:30-9:45am	Our Many Stories , Kathryn Chapman & Colleen Cox (End Abuse) Following a viewing of “The Danger of a Single Story,” a talk given by Chimamanda Adichie, we will explore the power of story in shaping how we see ourselves and the work that we do with survivors.
9:45-10am	Break
10-11:30am	Safety Planning , Diara Parker (End Abuse) Safety can mean many different things to different people, and a safety plan can only work if it addresses each survivor’s individual situation. In this session we will explore the skills and strategies advocates need to help survivors develop their own plan. Sections include: What is safety planning; Conversation basics; Foundational safety planning strategies; Safety planning red flags and common scenarios; Safety planning templates and resources; and Safety planning practice.
11:30am-12:15pm	Lunch
12:15-1:45pm	Systems and Advocacy , Diara Parker (End Abuse) A system is any formal support that a survivor encounters, whether by choice or by necessity—when a survivor seeks assistance from your agency, he or she is engaging with a system. In this session we will explore different aspects of advocacy and systems, including scenarios to work through inherent challenges in navigating systems with survivors, an introduction to Coordinated Community Response (CCR), and more.
1:45-3pm	In Her Shoes <i>In Her Shoes</i> (developed by the Washington State Coalition Against Domestic Violence) is an experiential learning activity based on the experiences of real people. Together we will engage in this simulation, to walk in the shoes of the various characters experiencing abusive and controlling relationships.
3-3:15	Break
3:15-4:15pm	Advocacy and Counseling: Skill Building This is our time to put it all together in practice! Participants will work in groups to role play and provide peer guidance to each other.
4:15-4:30pm	Feedback, Closing

