The NEW Non-Cabled Single Bar Trainer allows you to set your height lower than our current system while saving space by not using cables as you would with other single bar trainers.

- Adjustment sleeves are 8” tall with AAI’s spin and snap lock pins to provide quick and easy height adjustment.
- Each sleeve has two snap locks which help prevent accidental disengagement while the spin lock keeps the sleeve in position to prevent the rail from vibrating during use.
- Round bases are 6½” tall and 13½” in diameter with slotted holes giving additional clearance in case of imperfections to the concrete surface during installation.
- Bar adjusts in height from 12” to 72” in 6” increments.
- Bases use (8) ½” bolts to anchor into the concrete floor.
- Width between bar attachment points equals 94½” center-to-center. Extended ears on slide collars allow for mounting over a 90” wide pit.
- Utilizes Graphite X bar, which can be easily interchanged with other AAI Rails.
- Uses 76¼” tall uprights constructed of 3” tubing.
- Uprights are chrome plated while the sleeves and bases have a durable blue metallic powder coat finish.
- Includes two bases, two uprights, two sleeves and one Graphite X bar.

406-111 Non-Cabled Single Bar Trainer