



Hackensack University Medical Center

The Center for Allergy, Asthma, and Immune Disorders, P.A.

Patch Testing Procedure



Appointment:
review of paperwork



- Brought to exam room
- M.D. exam and orders patch test
- RN prepares prescribed patch test



Application of
patch test and
documentation
in chart



- Return to center in **48 hours** for initial patch test reading
- Note patient's temperature
- Review positive patch tests



Discussion of patch test
results and its relevance
to skin condition



- Return to center in **four days** for final patch test read
- Note patient's temperature

Please Note:

- Be prepared to remain at the Center for **50 minutes** for initial patch test application, and **20 minutes** for subsequent patch test reading in **two days** and **four days**
- After application of patch test, stop taking baths and showers. Only sponge bathe. Keep area dry
- Avoid activities that will cause sweating. These activities can be resumed after the final patch test is read
- Stay out of the sun. Stay in a cool area. Wear loose clothing
- The use of antihistamines does not affect patch testing
- Patch testing should not be applied if you are taking oral steroids
- Wait at least one week after you stop taking your medication before having the test
- Topical steroids applied to the skin on your back should be stopped for at least one week prior to testing
- Recent sunburn to back (one to two weeks before testing) may show false negative result
- Patch testing should not be done if you have a severe rash in that area
- We will call to confirm the appointment. If you cannot keep the appointment, or have any questions, please call 201-996-2065, otherwise you will be charged for the missed appointment