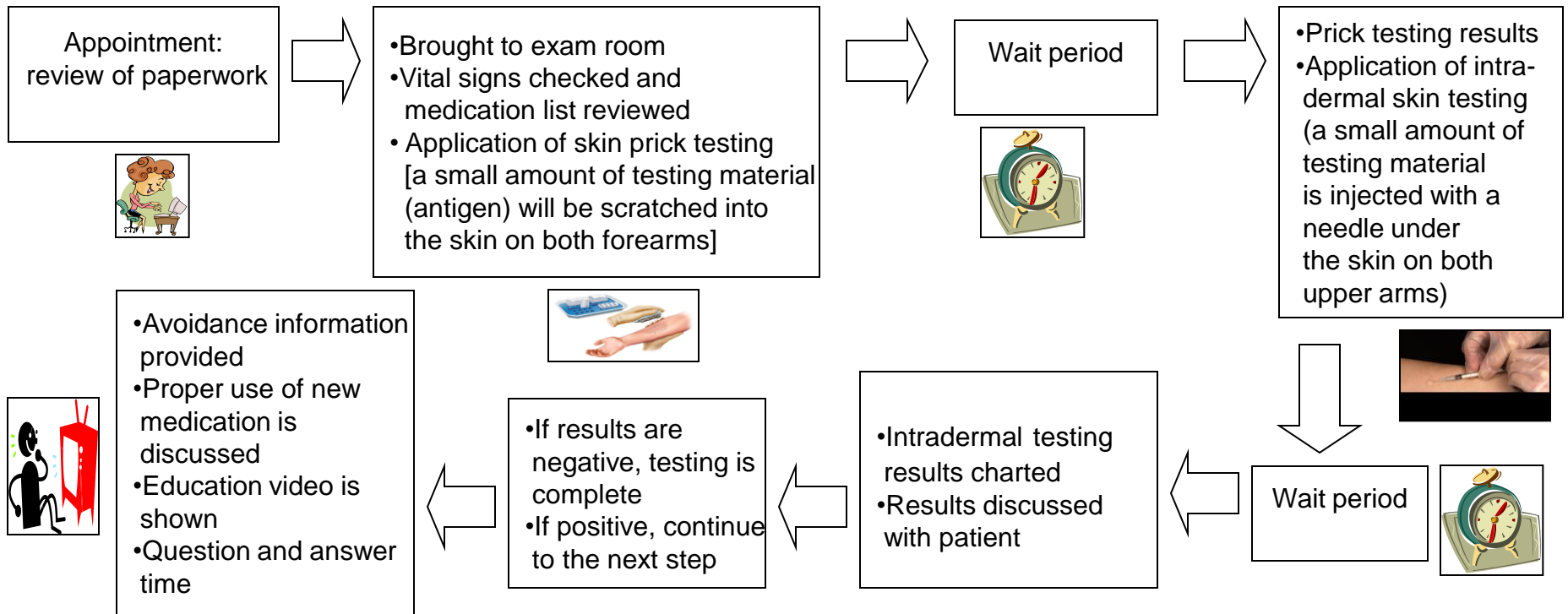




Hackensack University Medical Center

The Center for Allergy, Asthma, and Immune Disorders, P.A.

Skin Testing Timeline



PLEASE NOTE:

- Be prepared to remain at the Center for **1.5 hours**
- Stop using over-the-counter antihistamines (Alavert®, Benadryl®, Claritin®, Dramamine®, Tavist®, Tylenol Allergy®, Tylenol PM®) for **four days** prior to testing.
- Stop using prescription antihistamines (Allegra®, Antivert®, Atarax®, Clarinex®, Periactin®, Semprex® D, Vistaril®, Zyrtec®) **one week** prior to testing.
- Stop using Astelin® Nasal Spray for **48 hours** prior to testing and stop using H2 blockers (Axid®, Pepcid®, Pepcid® AC, Pepcid® Complete, Tagamet®, Zantac®, Zantac Acid Reducer®) for **24 hours** prior to testing.
- We will call to confirm the appointment. If you cannot keep the appointment, or if you have any questions, please call 201-996-2065, otherwise you will be charged for the missed appointment.