

Department of Urology

AND

Division of Urologic Oncology

The John Theurer Cancer Center

# **Urology Educational Programs**

AND

# **The Joan & Richard Cowlan Visiting Professor Program**

**September 2017- August 2018**



Hackensack  
Meridian *Health*  
Hackensack University  
Medical Center

Dear Faculty and Colleagues,

It is with honor and pride that I present to you the 2017-2018 Department of Urology academic conference schedule. We have continued to pour thought, content, and technology into improving our educational program. Last year was extremely successful with great participation, engagement, and discussion. I want to thank those who presented, shared their knowledge and attended our talks. You have all shown a strong commitment to raising the bar.



Michael Stifelman, M.D.

One of the benefits of living in our area is that we are surrounded with world renowned institutions from which we can draw speakers and faculty, including our own. Last year we were visited by nationally and internationally recognized faculty, and held monthly multi-disciplinary tumor boards, grand rounds, and performance improvement conferences. We introduced monthly resident/medical student didactic sessions led by our own faculty. We also upgraded our audio visual in the conference room and introduced "Blue Jeans" teleconferencing to enable remote participation in our events. (To learn more about joining educational events via telephone or computer, email: [barbara.wittmaack@hackensackmeridian.org](mailto:barbara.wittmaack@hackensackmeridian.org)).

For those that haven't yet attended, we hope you will take this opportunity to join us Tuesday Mornings between 7 and 8 am. I am confident you will find it both meaningful and useful. If you are interested in presenting or referring a case send details to Barbara Wittmaack or myself.

Finally I would like to recognize some recent academic highlights of HUMC Department of Urology:

- Nationally Ranked by US News & World Report 2017-2018
  - Only program in New Jersey to be recognized nationally
  - Top 4 in New York Metro area
- Presented > 20 abstracts/videos in 5 national society meetings
  - AUA, WCE, SHM, SUFU, NYSAUA
  - Best Video Award – AUA, Boston MA
- Completed ACGME Residency Site Visit April 2017, a first step in creating our own Urology Residency Program
- Completed first round of Faculty Appointments to Seton Hall-Hackensack Meridian School of Medicine
- Appointed, Co-Vice Chair of Academic Urology - Seton Hall-Hackensack Meridian School of Medicine
  - David Shin, MD (HUMC)
  - Matt Tobin, MD (JSMC)

Wishing you all a great academic year!

A handwritten signature in black ink, appearing to be 'M Stifelman', written over a circular scribble.

**Michael Stifelman, M.D.**

Chair of Urology, Hackensack University Medical Center  
Director, Robotic Surgery, Hackensack University Medical Center  
Professor and Chairman of Urology,  
Seton Hall - Hackensack Meridian School of Medicine

# Urology Educational Programs and The Joan & Richard Cowlan Visiting Professor Program

## **PURPOSE:**

This series has been designed to provide urologists and other interested healthcare providers with recent developments in diagnosis and treatment of urologic diseases.

## **OBJECTIVES:**

At the conclusion of the monthly **Visiting Professor Grand Rounds in Urology**, physician participants and allied healthcare professionals will be able to provide objective evidence of practical improvement in their evaluation and management with specific regard to urological entities. Measurable teaching objectives will be specified for each presentation.

At the conclusion of each weekly **Clinical Rounds in Urology**, the physician participants will be able to:

**For Urologic Grand Rounds in Radiology:** Identify clinically relevant aspects of recent urological cases and discuss management controversies..

**For Tumor Board Grand Rounds:** Analyze the clinically relevant pathologic aspects of recent urological cases and discuss management options and best practice.

**For Performance Improvement Grand Rounds:** Make constructive recommendations for effective improvements in the delivery of urological healthcare, both in office practice and for hospitalized patients.

**For Pediatric Grand Rounds:** Review and analyze the clinically relevant aspects of recent pediatric urological cases and discuss management options and best practice.

**For Back to Basics:** Residents and allied healthcare professionals will be able to provide objective evidence of practical improvement in their evaluation and management with specific regard to urological entities. Measurable teaching objectives will be specified for each presentation.

*At the conclusion of the visiting professor activity the participants should be able to:*

1. Review current treatment options for Prostate Cancer.
2. Describe applications for robotic surgical interventions in adult urologic cases.
3. Compare active treatment vs. surveillance for high PSA, and describe the pros and cons of each option.
4. Recognize the symptoms and best practices for treating recurrent, antibiotic resistant UTI.
5. Review advances in nephrectomy procedures.
6. Identify urinary incontinence management options for various types of urinary incontinence patients

**Accreditation Statement:** Hackensack University Medical Center is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

**AMA Credit Designation Statement:** Hackensack University Medical Center designates each live activity for a maximum of *1 AMA PRA Category 1 Credit(s)<sup>™</sup>*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **SUPPORT**

This program is supported by an unrestricted educational grant from Joan and Richard Cowlan.

## **DISCLOSURE**

Planning committee members, Dr. Richard Watson, Susan Hutter, and Barbara Wittmaack have no relevant financial relationships to disclose.

# Urology Educational Programs and The Joan & Richard Cowlan Visiting Professor Program

## September 5, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

## September 8, 2017

Friday, 7 a.m.  
Department of Urology  
**Back to Basics  
Resident Education**

Presenting:  
Michael Stifelman, M.D.

## September 12, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

## September 19, 2017

Tuesday, 7 a.m.  
Jurist Lecture Hall  
**Urology Grand Rounds  
Modern Surgical Management  
of BPH/LUTS in 2017**

Visiting Professor:  
Alexis Te, M.D.  
Professor of Urology  
Weill Medical College of  
Cornell University

## September 26, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**

## October 3, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

## October 10, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

## October 13, 2017

Friday, 7 a.m.  
Department of Urology  
**Back to Basics  
Resident Education**  
Presenting:  
David Shin, M.D.

## October 17, 2017

Tuesday, 7 a.m.  
Department of Urology  
Jurist Lecture Hall  
**Urology Grand Rounds  
Current Controversies in  
the Management of  
Small Renal Masses**

Visiting Professor:  
William Huang, M.D.  
Associate Professor of  
Urologic Oncology  
NYU Langone Medical Center  
Perlmutter Cancer Institute

## October 24, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**

## October 31, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Pediatric Urology**

## November 7, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

## November 10, 2017

Friday, 7 a.m.  
Department of Urology  
**Back to Basics  
Resident Education**

Presenting:  
Mutahar Ahmed, M.D.

## November 14, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

## November 21, 2017

Tuesday, 7 a.m.  
Department of Urology  
Jurist Lecture Hall  
**Urology Grand Rounds  
Advances in Screening,  
Detection, and Treatment  
of Prostate Cancer**

Visiting Professor:  
Herbert Lepor, M.D.  
Professor and Martin Spatz Chairman of  
Urology  
New York University School of Medicine

## November 28, 2017

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**

# Urology Educational Programs and The Joan & Richard Cowlan Visiting Professor Program

## **December 5, 2017**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **December 8, 2017**

Friday, 7 a.m.  
Department of Urology  
***Back to Basics  
Resident Education***

Presenting:  
Debra Fromer, M.D.

## **December 12, 2017**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **December 19, 2017**

Tuesday, 7 a.m.  
Montgoris Dining Room  
***Urology Grand Rounds  
Robotic Pediatric Surgery***

Visiting Professor:  
**Pasquale Casale, M.D., MHA**  
Professor  
Columbia University Medical Center  
Winthrop University Hospital  
Professor of Urology,  
Stony Brook University School of Medicine

## **December 26, 2017**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

## **January 2, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **January 9, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **January 12, 2018**

Friday, 7 a.m.  
Department of Urology  
***Back to Basics  
Resident Education***  
Presenting:  
Hossein Sadeghi-Nejad, M.D.

## **January 16, 2018**

Tuesday, 7 a.m.  
Jurist Lecture Hall  
***Current Issues in Male  
Incontinence After  
Prostate Cancer***  
Visiting Professor:  
**Jaspreet S. Sandhu, M.D.**  
Associate Attending  
Memorial Sloan Kettering Cancer Center

## **January 23, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

## **January 30, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Pediatric Urology***

## **February 6, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **February 9, 2018**

Friday, 7 a.m.  
Department of Urology  
***Back to Basics  
Resident Education***  
Presenting:  
Michael Degen, M.D.

## **February 13, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **February 20, 2018**

Tuesday, 7 a.m.  
Jurist Lecture Hall  
***Novel Therapies for  
Bladder Cancer***  
Visiting Professor:  
**John Phillips, M.D.**  
Associate Professor and  
Program Director, Dept. of Urology,  
New York Medical College

## **February 27, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

# Urology Educational Programs and The Joan & Richard Cowlan Visiting Professor Program

## **March 6, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **March 9, 2018**

Friday, 7 a.m.  
Department of Urology  
***Back to Basics  
Resident Education***

Presenting:  
Michelle Kim, M.D.

## **March 13, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **March 20, 2018**

Tuesday, 7 a.m.  
Jurist Lecture Hall  
***Urology Grand Rounds  
The Stone Epidemic -  
Highlights of the Guidelines  
and New Concepts***

Visiting Professor:  
**Ojas Shah, M.D.**  
George F. Cahill Professor of Urology  
Director, Division of Endourology and  
Stone Disease  
Department of Urology  
Columbia University Irving Medical Center/  
New York Presbyterian Hospital  
Columbia University College of Physicians  
and Surgeons

## **March 27, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

## **April 3, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **April 10, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **April 13, 2018**

Friday, 7 a.m.  
Department of Urology  
***Back to Basics  
Resident Education***

Presenting:  
Kevin Basralian, M.D.

## **April 17, 2018**

Tuesday, 7 a.m.  
Jurist Lecture Hall  
***Urology Grand Rounds  
Urinary Tract Infections in  
Women: Best Practices to  
Achieve Antibiotic Stewardship***

Visiting Professor:  
**Kim Cooper, M.D.**  
Residency Program Director  
Associate Professor of Urology  
Columbia University Medical Center  
New York-Presbyterian Hospital

## **April 24, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

## **May 1, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **May 8, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Tumor Board -  
Pathology Review***

## **May 15, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Clinical Rounds in Urology***

## **May 22, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Performance Improvement***

## **May 29, 2018**

Tuesday, 7 a.m.  
Department of Urology  
***Pediatric Urology***



# Urology Educational Programs and The Joan & Richard Cowlan Visiting Professor Program

**June 5, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

**June 8, 2018**

Friday, 7 a.m.  
Department of Urology  
**Back to Basics  
Resident Education**

Presenting:  
Richard Watson, M.D.

**June 12, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

**June 19, 2018**

Tuesday, 7 a.m.,  
Jurist Lecture Hall  
**Urology Grand Rounds  
Late Relapse of Testicular  
Cancer and the Vulnerable  
Retroperitoneum**

Visiting Professor:  
Joel Sheinfeld, M.D.  
Professor of Urology  
Weill Medical College, Cornell University

**June 26, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**

**July 3, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

**July 18, 2017**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds**

**July 10, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

**July 17, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds**

**July 24, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**

**July 31, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Pediatric Urology**

**August 7, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

**August 14, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Tumor Board -  
Pathology Review**

**August 21, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Clinical Rounds in Urology**

**August 28, 2018**

Tuesday, 7 a.m.  
Department of Urology  
**Performance Improvement**





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