**Need A Neighbor Food Planning Sheet**

**Neighbor’s Name**

**Number of adults in home:** _______  **Number of children in home:** _______

**Has access to:** Refrigerator, Stove, Oven, Microwave  (Circle all that apply)

**Allergies:**

<table>
<thead>
<tr>
<th>Produce</th>
<th>Canned Goods</th>
<th>Frozen Foods</th>
<th>Supplies</th>
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<tbody>
<tr>
<td>Apples</td>
<td>Beans</td>
<td>Meals</td>
<td>Disinfectant spray</td>
</tr>
<tr>
<td>Bananas</td>
<td>Fruit</td>
<td>Pizza</td>
<td>Bleach</td>
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<tr>
<td>Oranges</td>
<td>Vegetables</td>
<td>Fruits/vegetables</td>
<td>Dish soap</td>
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<tr>
<td>Berries</td>
<td>Soup/broth</td>
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<td>Laundry detergent</td>
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<tr>
<td></td>
<td>Tomato sauce</td>
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<td>Toilet paper</td>
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<td></td>
<td>Chicken/tuna</td>
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<td>Paper towels</td>
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<tr>
<td>Lettuce</td>
<td></td>
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<td>Tissues</td>
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<tr>
<td>Tomatoes</td>
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<td>Trash bags</td>
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<tr>
<td>Onions</td>
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<tr>
<td>Green beans</td>
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<td>Carrots</td>
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<td>Potatoes</td>
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<td><strong>Breads and Grains</strong></td>
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<td>Bread</td>
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<td>Tortillas</td>
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<td>Cereal</td>
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<td>Oatmeal</td>
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<td>Pasta</td>
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<tr>
<td>Rice</td>
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<td>Olive Oil</td>
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<tr>
<td><strong>Beverages</strong></td>
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<tr>
<td>Coffee/tea</td>
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<td>Juice</td>
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<td>Soda</td>
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<td><strong>Condiments</strong></td>
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<td>Peanut butter</td>
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<td>Jelly/jam</td>
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<td>Ketchup</td>
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<td>Mustard</td>
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<td>Olive Oil</td>
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<td><strong>Dairy</strong></td>
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<td>Milk</td>
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<td>Butter</td>
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<td>Eggs</td>
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<td>Cheese</td>
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<td>Yogurt</td>
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| **Notes:**