



## NursingCE: Safe and Effective Prescription of Controlled Substances for Nurse Practitioners and other Advanced Practice Nurses in New York

**Release date: September 26, 2018**

**Expiration date: September 26, 2021**

Estimated time to complete activity: 4 hours

### **Overview**

NursingCE provides a high-quality, effective, and comprehensive way for license practice nurses, registered nurses and nurse practitioners to earn their state-required CNE credits in a clear online format.

A course on evidence-based practice provides current content intended to help practicing nurses apply this knowledge to their practice. The course also includes questions to test competency.

**Target Audience: Advanced practice nurses (nurse practitioners, nurse midwives) and physician assistants**

### **Learning Objectives**

Upon completion of this activity, participants should be able to:

- Describe the three different classes of controlled substances most commonly misused: indications, risks, benefits, common adverse effects, and alternatives for opioids, central nervous system (CNS) depressants and stimulants
- Define medication tolerance, dependence and addiction
- Discuss general guidelines for safe prescribing practices
- Discuss pain management, including both acute and chronic pain and special considerations needed for controlled substance use in the elderly and pregnant populations
- Review the special circumstances involved in palliative medicine and end-of-life care
- Review the prevention, screening, and signs of potential substance abuse and addiction
- Describe appropriate response to and current treatment options for substance abuse and addiction
- Review the New York State and federal requirements for prescribing controlled substances

### **Accreditation and Designation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Nurses Credentialing Center's Commission on Accreditation (ANCC) through the joint-providership of Assessment Technology Institute (provider) and NursingCE.

ATI is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is provided for a maximum of ( 4 ) contact hours under ANCC criteria.

### **Commercial Support**

None

### **Faculty and Planners Disclosure Statement**

All planners and faculty participating in continuing education activities provided by ATI are expected to disclose to the audience any support or relationship(s) with providers of commercial products and/or devices discussed in this activity and/or with any commercial supporters of the activity. In addition, all faculty are expected to openly disclose any off-label, experimental, or investigational use of drugs or devices discussed in their presentation. The planners and faculty have been advised that this activity must be free from commercial bias, and based upon all the available scientifically rigorous data from research that conforms to accepted standards of experimental design, data collection, and analysis.

**The following speakers and planning committee members listed below have stated they have no financial relationship(s) with providers of commercial products and/or devices discussed in this activity and/or with any commercial supporter of this activity.**

- \_Megan S Roberts, NP

### **Method of Participation to Earn CNE Credit(s)**

Learner pays the appropriate fee for participating in and receiving credit for this online educational activity. In order to obtain credit for participating in this activity during the period of September 26, 2018 through September 26, 2021, participants must:

1. Read the educational objectives and disclosure statements
2. Review the appropriate modules. Participants may make corrections to incorrect responses as needed.
3. Upon completion of entire module, learner may receive ( 4 )credit
4. Submit the online evaluation to NursingCE.

Credit will be issued only upon completion of the exam questions with a score of 80% or higher and activity evaluation. After completing this information, you will be able to print out your credit certificate. This activity should take up to (4) hours to complete. Credits are redeemable in 1 hour increments.

### **Hardware/Software Requirements**

NursingCE: Child Abuse training can be delivered to the latest devices physicians prefer to use, including iPads®.

Compatible browsers and devices include:

- Microsoft® Internet Explorer®: 9, 10
- Apple® Safari®
- Google Chrome™
- Mozilla® Firefox®
- Apple® Mobile Devices: iPad®, iPhone®
- Android™ Mobile Devices

Our training solution is playable on virtually any web enabled device with an Internet browser. We also have a specialized mobile app for devices with smaller screens like iPhones®, available on iOS® and Android™ devices. Users must have an Internet connection. A flash plug-in is not required for this training.

Any trademarks, service marks, product names or named features are assumed to be the property of their respective owners, and are used only for reference. There is no implied endorsement by usage of (any / one) of these terms.

### **Disclaimer**

The opinions expressed in the enduring educational activity are those of the faculty. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings. Further, attendees/participants should appraise the information presented critically and are encouraged to consult appropriate resources for any product or device mentioned in this program.

### **Privacy Policy**

At ATI, we care about providing you with tools and information to manage and protect your online privacy. ATI retains records solely for keeping records in accordance with ANCC policies. We will not share your information with any other organizations. We will keep you informed of our CNE activities.

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