

# ARTWORKS 15 DAY CHALLENGE

## K-12 AT-HOME ART ACTIVITIES





# CAL'S ARTWORKS CHALLENGE

# Guidelines

## HOW IT WORKS

The Center for Arts-Inspired Learning has created the ArtWorks 15-Day Challenge to promote arts integrated learning during school closures. We want our scholars to have the opportunity to get creative and have some fun during this time.

In this packet you will find prompts and activities that connect to literacy, science, math, engineering, health, leadership, and emotions. There are activities to try on your own or some to try with a partner.

Scholars can choose activities at the following levels: **Beginner** (Age 5-8) **Intermediate** (Age 9-13) **Advanced** (Age 14-18)

## GET CREATIVE!

We challenge you to be any type of artist you want so options and prompts are provided that encourage you to:

**DRAW IT:** Draw a picture

**MAKE IT:** Create something new using found materials around you

**WRITE IT:** Write a story or a poem

**SPEAK IT:** Tell a story or recite a poem

**DANCE IT:** Create or learn new dance moves

**SNAP IT:** Take a picture or video

**SING IT:** Create or learn a song

**SHARE IT:** Share what you made with someone else or post it online

## GET SOCIAL(LY DISTANT)!

If you have connection to the internet you can also share out what you create online using YouTube, TikTok or any other social media platforms using the following hashtags:

#ArtWorksChallenge #ArtsInspiredLearning #CALCreators

**DISCLAIMER:** Any youth under the age of 13 must have parental permission to view or post artistic creations online.

## ADDITIONAL DETAILS

Daily follow along videos will be released as a way for scholars to continually connect and have visual instructions and guidelines for each challenge.

For activities where supplies are needed, you will either find templates in this packet or we have provided a list of common household items you can use.



IGNITING STUDENT LEARNING, CREATIVITY,  
AND SUCCESS THROUGH THE ARTS!

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# CAL'S ARTWORKS CHALLENGE

## Day 2

### DAY 2'S CHALLENGE: ABOUT ME

Art can tell us who people are in a creative way. Today, tell us about yourself.

### DRAW IT

FIND A PICTURE OF YOURSELF AND DRAW.

#### BEGINNER:

You have a time limit of FIVE minutes to draw this picture of yourself.

#### INTERMEDIATE:

You have a time limit of FOUR minutes to draw this picture of yourself.

#### ADVANCED:

You have a time limit of TWO minutes to draw this picture of yourself, using continuous drawing, place your pen or pencil on the page and do not lift it until your portrait is finished.

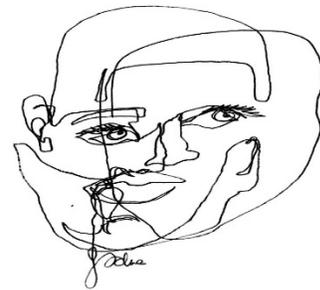
#### BEGINNERS



#### INTERMEDIATE



#### ADVANCED

A large, empty rectangular box with a thin black border, intended for the student to draw their portrait.

# CAL'S ARTWORKS CHALLENGE

## Day 2

### DAY 2'S CHALLENGE: ABOUT ME

Art can tell us who people are in a creative way. Today, tell us about yourself.

### MAKE IT

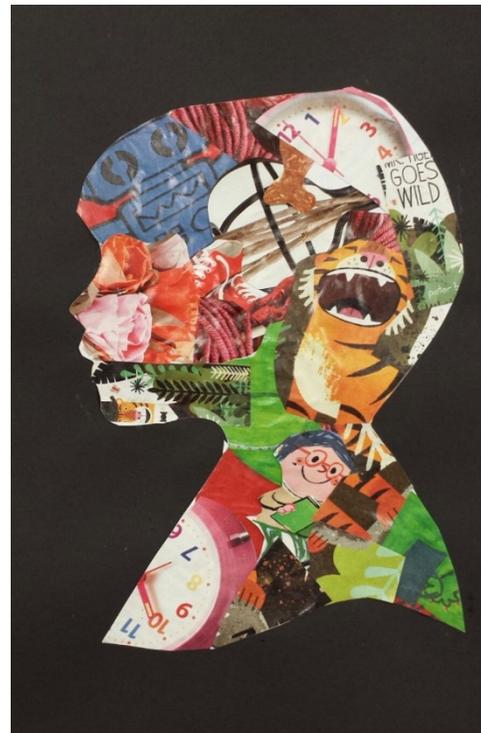
Let's create a collage.

Materials:

- blank white paper
- pencil or Pen
- 1-2 family members
- flashlight
- materials to collage (magazines, photos, stickers)
- scissors

Instructions:

1. Find a large piece of blank paper and tape it up to a bare wall.
2. Stand sideways in front of the paper and have a family member shine a light onto your face.
3. Then ask someone to draw the outline of your face on the paper. Be sure NOT to use marker so it doesn't bleed through the paper.
4. Then remove the paper from the wall and cut out your silhouette. Afterwards collage inside the silhouette things that represent YOU.



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SNAP IT, SHARE IT: Post your videos on TikTok + IG with  
#ArtWorksChallenge, #CALCreators, + #LifeAtHome

# CAL'S ARTWORKS CHALLENGE

# Day 2

## DAY 2'S CHALLENGE: ABOUT ME

Art can tell us who people are in a creative way. Today, tell us about yourself.

## WRITE IT

Okay Artist, now write sentences about yourself and make them poetic. Who are you? What do you like about you?

### BEGINNER:

Write 4 sentences about you that describes who you are.

**Example:**

*My name is Alexis.*

*I never been to Texas.*

*I like Pancakes with Honey.*

*My friends say I'm funny.*

### INTERMEDIATE:

Write 4 sentences about you that describes who you are using similes or metaphors.

**Example:**

*Oldest of three.*

*My brother is three.*

*He climbs me like a tree.*

*And falls like a leaf.*

### ADVANCED:

Write 4 sentences about you that describes who you are using similes or metaphors in the perspective of someone close to you in your life. It can be a parent, a friend, a cousin, just someone who is close to you.

**Example:**

*When will this boy ever listen.*

*He loves the heat, so he stays in the kitchen.*

*Hands burn after touching the stove, why don't he listen.*

*But my love burns for you, my son, Christian.*

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# CAL'S ARTWORKS CHALLENGE

## Day 2

### DAY 2'S CHALLENGE: ABOUT ME

Art can tell us who people are in a creative way. Today, tell us about yourself.

### SPEAK IT

Don't you miss being outside? So do we. Tell a funny story about a memory of you and your friends being outside.

#### BEGINNER:

In 4 lines, write your funny story or memory.

#### INTERMEDIATE:

In 4 lines, write your funny story or memory, then tell it to people around you.

#### Example:

I remember I woke up late to school.  
Ran out so fast, I didn't even tell my mom.  
I ran as fast as I could. I got to school, the building was closed.  
It was a Saturday.

#### ADVANCED:

In 4 lines, write your funny story or memory, then post it on TikTok using the hashtag #ArtWorksChallenge.

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### SING IT

Everyone has an anthem or a theme song. What is yours? What song describes your personality? Sing the song that would be your theme song.

#### BEGINNER:

Write the title of the song that would be your theme song.

#### INTERMEDIATE:

Write the title of your theme song and sing it to someone.

#### ADVANCED:

Write the title of your theme song and post on TikTok you and your friends lip syncing it using the #ArtWorksChallenge.



# CAL'S ARTWORKS CHALLENGE

## Day 2

### DAY 2'S CHALLENGE: ABOUT ME

#### DANCE IT

##### BEGINNER/INTERMEDIATE/ADVANCED

Dancers can be performers and teachers, we want you to create a dance that represents you and teach it to someone else in your family. If you have access to internet we challenge you to learn the popular #OutWestChallenge and teach it to someone else in your family. Share the video with us at #ArtWorksChallenge and #CALCreators on TikTok.



#### SNAP IT

Selfies, let's see who you are through photos.

##### BEGINNER:

Take a selfie then post on social media using the #ArtWorksChallenge



##### INTERMEDIATE:

Take a selfie with you and one item from home or outside that represents who you are.



##### ADVANCED:

Take a selfie of you with family members. Challenge your family members to find objects in the house that represent you and hold those in the photo.



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