

**ASSEMBLY COORDINATOR: PLEASE DISTRIBUTE/POST/ANNOUNCE!**

**ASSEMBLY DATE:** \_\_\_\_\_

**ASSEMBLY TIME:** \_\_\_\_\_

**FOR:** \_\_\_\_\_



Young  
Audiences  
Arts for  
Learning

Maryland



**MILKSHAKE**  
PRESENTS

**“Music with Milkshake”**

Milkshake is a rock duo for kids and grown-ups alike fronted by vocalist Lisa Mathews and acoustic guitar player Mikel Gehl. They recently received the Parents' Choice Recommended Award for their CD “Bottle of Sunshine.” Before Milkshake was formed, both Mathews and Gehl were members of Love Riot, a rock band for adults. When Mathews became a parent she began writing “ditties” for her newborn daughter, Jesse. The songs “kept coming” and the audience grew and now Milkshake performs across the United States. Their videos can be seen on the educational channel Noggin.

**- Prep Information For Assembly Coordinator -**

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**PLEASE PASS ALONG THE ATTACHED TEACHER PROGRAM GUIDE TO ALL PARTICIPATING CLASSROOMS.**

**SET-UP REQUIREMENTS:**

- Cleared 15' x15' performance area
- Access to an electrical outlet

**ARTIST ARRIVAL TIME:** 25 minutes prior to performance

**SUGGESTED INTRODUCTION:**

“Ladies and Gentlemen, Boys and Girls, you may recognize these artists from Noggin on PBS kids. Please give a big welcome to Milkshake!”

**YAMD CONTACT NUMBER:** 410.837.7577

**INCLEMENT WEATHER:** DON'T WORRY! Artists will follow school closings/delays. They will work with you to reschedule the performance if necessary.

**AFTER HOURS/EMERGENCY NUMBER:** Call 410.837.7577 and follow the prompts to be connected with a staff member on call.

# Teacher Program Guide



Young  
Audiences  
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## “Music with Milkshake”

Artist: Milkshake

GRADE  
LEVEL:  
PreK-2

### Inside this guide:

Artist Bio

Performance  
Description

SC Connectors

Vocabulary

List of Resources

Post-Performance  
Activities

Contact Young  
Audiences for more  
information on this  
and other programs.

410.837.7577  
[www.yamd.org](http://www.yamd.org)

### Artist Bio

Milkshake is a rock duo for kids and grown-ups alike fronted by vocalist Lisa Mathews and acoustic guitar player Mikel Gehl. They recently received the Parents' Choice Recommended Award for their CD “Bottle of Sunshine.” Before Milkshake was formed, both Mathews and Gehl were members of Love Riot, a rock band for adults. When Mathews became a parent she began writing “ditties” for her newborn daughter, Jesse. The songs “kept coming” and the audience grew and now Milkshake performs across the United States. Their videos can be seen on the educational channel Noggin.

### Performance Description

Milkshake talks about homemade musical instruments, such as their “milkshakers,” asking those that have the shakers to try to play them to beat. Other audience members discover ways to use their bodies to keep the beat (clap, stomp feet, mouth-drumming, etc.) Then Lisa and Mikel encourage everyone to “be part of the band,” and, with the additional help of Moo, their puppet mascot, the music-making begins. Milkshake takes the audience on a fun musical journey deep into the sea (“Woo-Woo”), up into space (“Space Song”) and celebrates music all around us (“Boom Boom”), the fun of “School” and “Baseball.” Other songs use numbers (“Fingers & Toes”), sign language and the alphabet (“ABC of Me”). The audience is encouraged to move to the music, and, space permitting, dance. After a rollicking musical ride, Lisa and Mikel take questions. For a final song, Milkshake invites the audience to make a train (“Love Train”), or join them in a final song, depending on class/venue size.

## Maryland State Curriculum Connectors

### Fine Arts Content Standards in MUSIC

**2.0 Historical, Cultural, and Social Context: Students will demonstrate an understanding of music as an essential aspect of history and human experience.**

1. Develop the ability to recognize music as a form of individual and cultural expression through experiencing music as both personal and societal expression

## Vocabulary

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**Rhythm:** movement or procedure with patterned recurrence of a beat, accent, or the like.

**Melody:** the succession of single tones in musical compositions.

## Post-Performance Activities

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### 1. Ideas/Questions for Discussion

- A. What did you like best?
- B. What were your favorite songs?
- C. Can you think of other ways to use the body as musical instrument?

### 2. Writing

- A. Try writing a song. There are some ideas for this on the Milkshake website, [www.milkshakemusic.com](http://www.milkshakemusic.com)
- B. Write letters to Milkshake; we love to hear from you!

### 3. Art

- A. Design a concert poster for Milkshake.
- B. Make a fish hat for "Woo-Woo," draw an alien from "Space Song."

### 4. Drama

- A. Act out the alien in "Space Song," or think of more fish in the sea for "Woo-Woo." What would these creatures do/sound like/look like?



Milkshake

## List of Resources

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### WEBSITES

- [www.milkshakemusic.com](http://www.milkshakemusic.com)

### Milkshake CDs

- *Play*
- *Bottle of Sunshine*
- *Happy Songs*

