

ASSEMBLY DATE: _____

ASSEMBLY TIME: _____

FOR STUDENTS IN: _____



***WombWork presents:
Check Yourself:
Bullying Others is Bad 4
Your Health***

Introduction

This assembly will increase the students' understanding of the many forms of bullying that may impact their lives. They will leave with a greater sense of empathy and

compassion, in addition to tools to help decrease incidences of bullying at their school. WombWork will present a powerful bully prevention production that includes music, dance and theatre. It will also introduce students to the various types of bullying while offering solutions and alternatives to aggressive behavior using the "Language of Virtues"

For almost 20 years WombWork Productions has presented riveting socially conscious theatrical performances and programming in theaters, community venues, schools, universities throughout the east coast.

Program Description

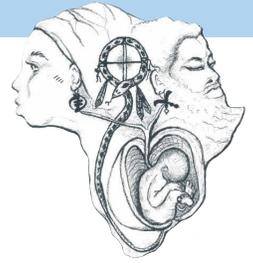
The assembly opens with a scene where actors are wearing the labels: "VICTIM, BULLY, PROTECTOR, BYSTANDER" and begin, through theatre, to teach the audience the meaning of each of these important vocabulary words and how BULLYING impacts each person's life. Through song, dance, and theatre, 6-8 performers will share real stories, factual information about bullying, and strategies for alternatives to bullying. The assembly culminates with "Virtues Roll Call" an interactive song and dance that deepens each students' understanding of virtues and how they are strong in their lives.

"Mama Rashida and the Womb Works troupe energizes middle school students with their message of "better check yourself before you wreck yourself". Through music, drama and physical movement our students participated in various skits that drove home the message of personal responsibility and kindness towards others. Better than any lecture on the topic, this was a fun way to drive the message home for middle school students."

*Peg Rabenstine, School Counselor,
Mace's Lane Middle School, Cambridge MD*



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***Please pass along the attached teacher program guide to all participating classrooms**

Inside this guide:

- Artist Bio
- Standards
- Vocabulary
- Additional Resources
- Post Performance Activities
- Virtues poster
- Bullying word search handout

Setup Requirements:

- Sound system with three microphones
- CD Player
- Stage lights if available
- Space to change

Artist Arrival Time: 30 minutes prior to performance

Suggested Introduction:

“Ladies and gentleman, boys and girls please give a warm welcome to WombWorks. Through song, dance and theatre they will present a powerful bully prevention productions that offers solutions and alternatives to aggressive behavior using the “language of virtues.”

Inclement Weather

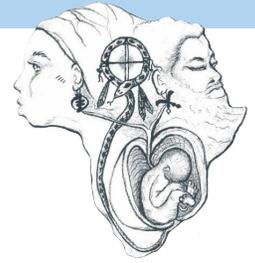
DON'T WORRY! Artists will follow school closings and delays and will work with you to reschedule the performance if necessary.

Young Audiences Contact Number:

410-837-7577

Call 410-837-7577 and follow the prompts to be connected with a staff member on call for After Hours or Emergency.

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Artist Bio

In 1997, three visionary artists established WombWork Productions, which utilizes dance, music, and theatre as traditional sources of healing and empowerment for the community. The Nu World Art Ensemble, WombWork's youth-driven touring theatre company, provides culturally and spiritually-based instruction in vocal and dance techniques, writing, psychodrama, meditation and Native American and African songs and rituals. Nu World

creates riveting and insightful theatre productions based on the life experiences of its young participants. Student participants also gain experience in leadership and community outreach, improving their sense of self-worth and inspiring them to become an integral part of positive change.

Artist's Statement:

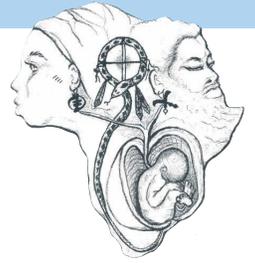
WombWork Productions is dedicated to delivering programs and performances that positively impact youth and community. Major components of our programs include: Acting, Dance, Drumming, Vocal Music, Crafts and Leadership Building. WombWork is the only arts organization in Baltimore that uses the performing arts as a platform for engaging youth in a creative process of confronting issues affecting their lives.

"Mama Rashida and the Womb Work Productions crew brought a powerful anti-bullying message to the youth in our rural school community. This group connected with all children and taught them how to speak the language of virtues, expanding their vocabulary while also broadening their understanding of their personal power and beauty. Students were actively engaged in the learning through spoken word, song, and dance. Our district is thrilled with the results—kids who respect themselves and each other. This group also conducted professional learning sessions with our district's teachers. Our teachers reported a deeper understanding of how to connect with students and how to lead them to make better decisions. Dorchester County Public Schools says, "Bullies beware." We are appreciative of the assistance we received from Mama Rashida and Womb Work Productions to spread the anti-bullying message and sustain its positive impact on our young people."

**Renee Hesson,
Coordinator of Instruction for Fine Arts,
Dorchester County, MD Public Schools**



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Standards

Common Core Standard:

CCSS.ELA-LITERACY.CCRA.SL.2

Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

Maryland State Curriculum Standards for Fine Arts:

THEATRE 1.0: Perceiving & responding: aesthetic education-students will demonstrate the ability to perceive, interpret, perform & respond to the development of a variety of dramatic forms over time and the aesthetic qualities they reflect

INDICATOR (2) IDENTIFIES, describe, and apply the visual, aural, oral, & kinesthetic elements (literary, technical, & performance) of dramatic performances

STANDARD a. Compare elements and processes common to theatre, dance, music & visual arts.

Vocabulary

Bully - an overbearing person who habitually badgers or intimidates smaller or weaker people.

Virtues - the Universal gifts of character that live in all of us.

Victim - someone who is preyed upon by bullies

Bystander - a person who witnesses an act or event without participating, an onlooker

Communicate - to give an exchange of thoughts feeling or information

Empathy - a deep emotional understanding of another's feelings or problems

Respect -to appreciate someone

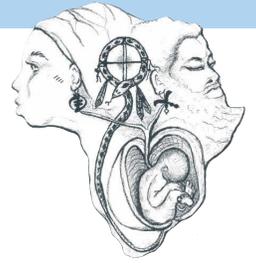
Self esteem - pride in oneself

Protector - a person who tries to protect the victim of bullying

Humiliate - to deeply embarrass or ridicule someone to make him or her feel lower as a person



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List of Additional Resources

WEB SITES

<http://www.virtuesproject.com> - The Virtues Project™ is a global grassroots initiative to inspire the practice of virtues in everyday life, sparking a global revolution of kindness, justice, and integrity in more than 100 countries through Facilitators, Master Facilitators, Champions and Virtues Connections.

The Virtues Project empowers individuals to live more authentic meaningful lives, families to raise children of compassion and integrity, educators to create safe, caring, and high performing learning communities, and leaders to encourage excellence and ethics in the work place. It has inspired and mobilized people worldwide to commit acts of service and generosity, to heal violence with virtues.

The Five Strategies of “The Virtues Project” are practices that bring virtues to life in every relationship. They help us to live authentic, purposeful lives, to raise children of compassion and idealism, and to create a culture of character in our schools and communities.

www.kidpower.org

www.wombwork.com

BOOKS:

The Village Bully by Maria Broom

“Khalil’s Way” by David Miller

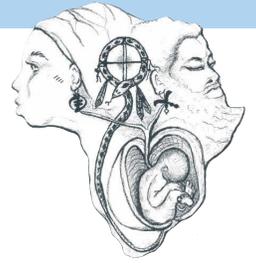
“The Virtues Project Educators Guide”

by Linda Kavelin –Popov





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Pre-Performance Activities

Please feel free to use the virtues list to familiarize students with a virtue that they feel they are strong in.

Post-Performance Activities- with assessment

- Open class with UNITY circle – hold hands in circle to symbolize unity.
- As you encourage each student to contemplate the virtue of THANKFULNESS, each student will say their name and what they are thankful for.
- Each student will complete the word search.
- Teacher may use the vocabulary words as points of discussion around the issues of Bullying and Bully prevention.
- Each student will share how their ideas on strategies for building UNITY at their school.



Photography: Mikal Veale

Virtues:

The Gifts of Character

Assertiveness

Caring

Cleanliness

Commitment

Compassion

Confidence

Consideration

Cooperation

Courage

Courtesy

Creativity

Detachment

Determination

Diligence

Enthusiasm

Excellence

Flexibility

Forgiveness

Friendliness

Generosity

Gentleness

Helpfulness

Honesty

Honor

Humility

Idealism

Integrity

Joyfulness

Justice

Kindness

Love

Loyalty

Moderation

Modesty

Orderliness

Patience

Peacefulness

Perseverance

Purposefulness

Reliability

Respect

Responsibility

Self-discipline

Service

Tact

Thankfulness

Tolerance

Trust

Trustworthiness

Truthfulness

Understanding

Unity



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WORD SEARCH— BULLYING VOCABULARY

H E H E A C A Y L M I T C I V H T
 C S E E M P A T H Y A M O I E A H
 L N E C N A R E L O T U N Y P T A
 I Y T S I T D E E L E A F H Y E A
 N A R C V C D T J B F A L T T C I
 P E B I Y O E O R U Y C I A O R A
 I C Y L M N P R B S D D C U E I L
 Y E L E S E R P B R S I T S R M N
 A A L P S H E Y R H N V C S E E C
 S O U E A O S A U U A E Y E T R A
 R D B S R T S M M R L R T N S U C
 N O I T A N I M I R C S I D E U E
 I H Y N H L O E Y Y E I K N D S A
 E C D R I C N S N F C T R I I V J
 T E T A R G E T L C C Y M K L T S
 R T T E I R R E S P E C T M S L E
 E E E R E I S Y M P A T H Y R R S

ALLY
 BULLY
 BYSTANDER
 COMMUNICATE
 CONFLICT
 DEPRESSION
 DISCRIMINATION
 DIVERSITY
 EMPATHY
 HARASS
 HATE CRIME
 HUMILIATE
 KINDNESS
 PATIENCE
 PREJUDICE
 RESPECT
 ROLE MODEL
 SELF-ESTEEM
 SKILLS
 SLUR
 STEREOTYPE
 SYMPATHY
 TARGET
 TOLERANCE
 VICTIM

Find the words in the column to the right in the puzzle above. Remember to disregard spaces and punctuation.

ALLY a person who is on your side or helps you in a situation

BULLY an overbearing person who habitually badgers and intimidates smaller or weaker people

BYSTANDER a person who witnesses an act or an event without participating; onlooker

COMMUNICATE to give or exchange thoughts, feelings or information

CONFLICT a fight, battle or struggle; controversy

DEPRESSION sadness; gloom; dejection

DISCRIMINATION unfair treatment of a person, racial group, minority, etc; action based on prejudice

DIVERSITY a combination of people of different backgrounds

EMPATHY a deep emotional understanding of another's feelings or problems

HARASS to bother or upset someone repeatedly through words and actions

HATE CRIME a crime, usually violent, motivated by prejudice or intolerance toward a member of a gender, racial, religious, or social group

HUMILIATE to deeply embarrass or ridicule someone to make him

or her feel lower as a person

KINDNESS a kind act; friendly feeling

PATIENCE even-tempered; quiet, steady perseverance

PREJUDICE an opinion about a person or a group of people that is made before knowing them

RESPECT to appreciate someone

ROLE MODEL a person regarded by others as a good example to follow

SELF-ESTEEM pride in oneself

SKILLS abilities

SLUR an inappropriate word or term that is used to put someone down

STEREOTYPE a generalization, usually exaggerated or oversimplified and often offensive, that is used to describe or distinguish a group of people

SYMPATHY sharing of feelings

TARGET a person identified by a bully as being easy to pick on

TOLERANCE acceptance of someone who is different from you

VICTIM someone who is preyed upon by bullies