

2020 ANNUAL SCIENTIFIC MEETING BY ZOOM

***Through the child analytic lens:  
Applications of attachment theory to psychoanalytic  
practice***

PRESENTED BY

**Norka Malberg, Psy.D.**  
**Discussant: Mark Dangerfield, Ph.D.**

Saturday, November 7, 2020, 9 a.m. to 5:00 p.m



*We are delighted to welcome child and adult psychoanalyst Dr. Norka Malberg as our speaker for our 2020 Annual Scientific Meeting by Zoom. In her morning paper, Dr. Malberg will focus on attachment and sexuality as they manifest in children's play, and in the developing person over time. In the afternoon she will explore the therapeutic challenges that we confront in psychoanalytic practice when working with children, adolescents, and adults online, especially modifications needed to maintain the frame and the focus on attachment, relationship dynamics, and development of mentalization capacities. Dr. Dangerfield will serve as discussant throughout the day.*

## LEARNING OBJECTIVES

1. To understand the role of playfulness in the context of attachment and sexuality in both child and adult clinical material.
2. To distinguish the differences between a more classical ego psychology treatment focus and a mentalization influenced approach.
3. To understand the characteristics of a developmental psychoanalytic perspective and how they benefit a flexible therapeutic stance while maintaining the therapeutic frame.
4. To identify how the mentalization based treatment model can help to inform the necessary modifications in technique inherent in our work online with children.
5. To distinguish technical modifications influenced by mentalization based theory in the context of psychodynamic psychotherapy.

## CONFERENCE SCHEDULE

- 8:15 a.m. Early log in to Zoom available (Technical assistance will be available if needed)
- 9:00 a.m. Welcome - Devon Jersild, Ph.D., VAPS President  
Morning Paper: "Attachment, Play and Sexuality: What does playing look like?"  
Norka Malberg, Psy.D.  
Discussion with: Mark Dangerfield, Ph.D.
- 11:00 a.m. Morning Break
- 11:15 a.m. Large Group Discussion
- 12:00 p.m. Lunch
- 1:30 p.m. Afternoon paper: "Working online with children, adolescents and adults: Reflections from a developmental psychoanalytic perspective" with clinical illustrations  
Norka Malberg, Psy.D.  
Discussion with: Mark Dangerfield, Ph.D.
- 2:55 p.m. Short break to proceed to small groups

## Conference Schedule, Cont.

3:00 p.m. Small Group Meetings and Discussion Leaders:

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|---|--------------------------------------|
| #1 Polly Young-Eisendrath, Ph.D.                    | #10 Douglas Dennett, MD              |
| #2 William Butler, Ph.D.                            | #11 Melvin Miller, Ph.D.             |
| #3 Jean Pieniadz, Ph.D.                             | #12 Brooke Barss, MD                 |
| #4 Mina Levinsky-Wohl, MD, LCMHC                    | #13 Sharon Dennett, MSW              |
| #5 Alice Silverman, MD                              | #14 Andrea O'Neill, Psy.D. M.Ed., MA |
| #6 Teresa Canal Meyer, Ph.D.                        | #15 Tamara Bisbee, Psy.D.            |
| #7 Claire Dumas, Psy.D.                             | #16 Judith Lewis, MD                 |
| #8 Betsy Sprague, Ph.D.                             | #17 Michele Reed, MSW                |
| #9 Mika Barker-Hart, MSW and<br>Emma Burrous, Ph.D. | #18 Sandra Howell, MS                |
|   | #19 Jim Jacobson, MD                 |

4:00 p.m. Afternoon Break

4:15 p.m. Large Group Discussion  
Closing Remarks: Devon Jersild, Ph.D.

5:00 p.m. Adjourn

## ABOUT THE SPEAKER

**Norka Malberg, PsyD** is a certified child and adult psychoanalyst who trained at the Anna Freud Centre in London. She is co-editor of *The Anna Freud Tradition*, the first book in Routledge's "Lines of Development" series, and of the Child and Adolescent sections of the PDM-2 (*Psychodynamic Diagnostic Manual*). Known for her applications of attachment theory to clinical work, Dr. Malberg has written and presented widely on mentalization-based treatment for children and has been featured as a guest master clinician in such video series as the APA's *Systems of Psychotherapy Video Series* and *Working with Emotions in Emotion-Focused Therapy*. Originally from Puerto Rico, Dr. Malberg teaches and lectures in Latin America, Europe, and the United States in the areas of attachment, play, developmental psychoanalysis, and children and trauma. She is currently in private practice in Barcelona, Spain but remains Assistant Clinical Professor at the Yale Child Study Center, where she conducts an early childhood seminar for child psychiatric residents.

## ABOUT THE DISCUSSANT

**Mark Dangerfield, Ph.D.**, is a clinical psychologist and psychoanalyst who has worked for over 25 years in pediatric hospitals and mental health services in Barcelona, treating adolescents and adults. A member of the Spanish Society of Psychoanalysis and the International Psychoanalytical Association, he is Clinical Manager of the Home Intervention Team of the Vidal and Barraquer Foundation, a pioneering project in Spain that works with non-help-seeking young people with high psychopathological and social exclusion risks, based on the AMBIT model of the Anna Freud National Center for Children and Families in London. Dr. Dangerfield is a Professor at the University Institute of Mental Health (Ramon Llull University) and an AMBIT Trainer at the Anna Freud National Center.

## CONFERENCE REGISTRATION

*This conference (our 2020 Annual Scientific Meeting by Zoom) on November 7<sup>th</sup> can be attended on its own, but is being preceded by a Pre-Conference Zoom Seminar on Mentalization on November 6<sup>th</sup>, also with Dr. Malberg. Be sure to register for each event if you plan to attend them both.*

Registration is available only online and includes the option of paying by credit/debit card or check. To register as a member, go to [www.vapsvt.org](http://www.vapsvt.org), log in, click the events tab and select *2020 Scientific Meeting with Norka Malberg, Psy.D.* (You will find a separate event tab to register for the November 6<sup>th</sup> Pre-Conference Seminar, if you would like to attend both events.) To register as a non-member, simply skip the log in step and proceed directly to the event page. When you click "Register" you will be given the option to pay by credit/debit card through our secure PayPal payment processing system, or by check payable to VAPS and mailed to our Treasurer, Aleta Vail, Ph.D., 3 Main Street, Suite 216, Burlington, VT 05401. Registration payment questions may be directed to Aleta Vail at [aletavail18@gmail.com](mailto:aletavail18@gmail.com). Conference inquiries may be directed to Georgia DeGangi, Ph.D. at [gdegangi@gmail.com](mailto:gdegangi@gmail.com). Students are welcome at no charge, but are required to register online. Please indicate an email address on the registration form for your zoom invitation and indicate your preferences for small group facilitator. **The registration deadline is Oct. 17<sup>th</sup>.**

## Fee Schedule for 2020 Annual Scientific Meeting on November 7th

	<u>Before October 5<sup>th</sup></u>	<u>After October 5<sup>th</sup></u>
VAPS Member	\$135	\$145
Non-member	\$150	\$160
Student	Free	Free

**Cancellation Policy: No refunds after November 1, 2020.**

*6 CEU's have been approved for the Scientific Meeting, for Psychologists, Social Workers, and Licensed Mental Health Counselors.*