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**FOR IMMEDIATE RELEASE**

**Contact:** \*2017 Immunity Essentials Award

Lynn Tryba logo available upon request

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**Keene, NH—*Taste for Life* Announces its 2017 Immunity Essentials Award Winners!**

Make this year’s cold and flu season healthier by fighting back with nature’s weaponry. We’ve got effective immune-boosting herbs, vitamins, probiotics, and more gathered here for your consideration. If you don’t already have a trusted go-to (for many people, it’s echinacea or elderberry), we hope you find exactly what you need in our list.

**Bee Prepared**

Terry Naturally Propolis Extract

**Cough Calmer**

Quantum Health Cough Relief TheraZinc Lozenges

**Enzymes**

Enzymedica Enzyme Defense

**Healing Teas**

Numi Organic Turmeric Teas

Traditional Medicinals Organic Throat Coat

**Homeopathy**

Dr. King’s Natural Medicine Lungs & Bronchial Relief

**Breathe Easy**

Michael’s Naturopathic Programs Quick Immune Response

NOW Solutions Seasonal Changes Essential Oils Kit

Olbas Inhaler

Ridgecrest Herbals ClearLungs Immune

Xlear Xylitol All Natural Saline Nasal Spray

**Kids’ Immunity**

Garden of Life Dr. Formulated Probiotics Organic Kids +

**Probiotics**

*Supplementing with probiotics reduces the number of colds people get—and shortens their duration.*

Bio-Kult Advanced Multi-Strain Formula

Essential Formulas Reg’Activ Immune & Vitality

LoveBug Probiotics Colds Suck

**Herbal Remedies**

A. Vogel Echinaforce Forte

Nature’s Answer Sambucus Immune

Vibrant Health BullsEye

**Daily Defense**

Kyo-Green Powdered Drink Mix Harvest Blend Immune Defense

Irwin Naturals Immuno-Shield All Season Wellness

The Grandpa Soap Co. Epsom Salt Bar

**Medicinal Mushrooms**

Mushroom Wisdom Maitake D Fraction EZ Spray

Whole Earth & Sea Pure Food Super Mushroom

**Whole Food Based**

Bluebonnet Nutrition Targeted Choice Wellness Support

**Vital Vitamins**

American Health Ester-C

Country Life Vitamin D3 Spray

**Magnesium & More**

Natural Vitality’s Calmful Gut

Learn more at <http://www.TasteforLife.com/immunity-essentials> and look for the *Taste for Life* Essential Supplements Awards in February!