

# VIBRANT HEALTH®

WHERE SCIENCE & NATURE MEET

## PLANT STEROL Complex



### VERSION 2.1 VANILLA

*Supports Healthy  
Cholesterol Levels\**

- ▶ Blocks absorption of dietary cholesterol
- ▶ Blocks up to 500 mg per tablet
- ▶ Gluten Free/Vegetarian
- ▶ Chewable Tablet that Tastes Great!



**LOOK WHAT'S INSIDE**

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## CHOLESTEROL BLOCKER™

Research from 1951 to today indicates that plant sterols in this product block absorption of cholesterol from the intestines on a milligram-to-milligram basis when ingested along with cholesterol containing food, and may also support healthy prostate and immune function.

If you eat any animal product you will encounter oxidized cholesterol. It is part of each muscle cell wall and is found in all animal fats. Plant sterols in Cholesterol Blocker protect against oxidized cholesterol. Beta-sitosterol, stigmasterol and campesterol plus lesser sterols cannot be absorbed by humans except in very minute amounts. When taken with a meal, plant sterols in Cholesterol Blocker combine with cholesterol in the intestines to form un-absorbable crystals. Plant sterols also block cholesterol by entering, but not passing through, normal absorption sites for cholesterol.\*

► **Directions** As a dietary supplement, take one (1) vanilla flavored chewable tablet **DURING** a meal containing cholesterol. Each tablet may block absorption of 500 mg of cholesterol. Hypoallergenic, suitable for vegetarians. Keep out of reach of children. Store in a cool, dry place.

► **Available in 60 Chewable Tablets**

### Supplement Facts

Serving Size 1 Chewable Tablet

Servings Per Container 60

Amount per serving		% Daily Value
Beta-Sitosterol (soy)	233 mg	*
Stigmasterol (soy)	144 mg	*
Campesterol (soy)	120 mg	*
Policosanol (sugar cane wax)	10 mg	*
Brassicasterol (soy)	3 mg	*

\*Daily Value not established

**Excipients** Fructose, Natural Vanilla, Silica, Vegetable Stearine

\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

VIBRANT HEALTH | 800.242.1835 | [vibranthealth.us](http://vibranthealth.us)

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