

NATURAL

Supplement Facts	
Serving Size 2 scoops (28.06g)	
Servings per container 15	
Amount per serving	% Daily Value
Calories	110
Calories from Fat	20
Total Fat	2 g 3%**
Saturated Fat	0.4 g 2%**
Trans Fat	0 g
Cholesterol	0 g 0%**
Total Carbohydrate	3 g 1%**
Dietary Fiber	2 g 8%**
Sugars	0 g
Protein	21 g 42%**
Vitamin A (from beta-carotene)	750 i.u. 15%
Vitamin B12 (as Methylcobalamin)	200 mcg ... 3,330%
Vitamin C	2.5 mg 4%
Vitamin K	25 mcg 30%
Calcium	60 mg 6%
Iron	5.4 mg 30%
Sodium	280 mg 12%**
Potassium	90 mg 3%**
Yellow Pea 80% protein powder	21 g *
Chlorella protothecoides algal 70% protein	3 g *
DōMatcha® Matcha green tea powder	1.3 g *
Sacha Inchi seed (Plukenetia volubilis) 60% protein pdr ...	1.09 g *
Spirulina powder certified organic	1 g *
Methylcobalamin 1% Vitamin B12 tritrate	20 mg *
L-Methionine	425 mg *
Alpha-galactosidase	1,200 GAL *
Protease 3.0 from Aspergillus oryzae	20,000 HUT *
Protease 4.5 from Aspergillus niger	75 SAPU *

SS_17663



PRO MATCHA™



VANILLA CRÈME

Other Ingredients Sugar cane juice powder **certified organic** (5g), Natural vanilla crème flavor (1.5g), Xanthan Gum (170mg)

CHOCOLATE CRÈME

Other Ingredients Sugar cane juice powder **certified organic** (5g), Cocoa powder **certified organic** (4.2g), Natural chocolate crème flavor (1.3g), Xanthan Gum (130mg)

Directions As a dietary supplement, once each day - or more often if you would like - mix two level scoops (enclosed) of Pro Matcha into 8 ounces of your favorite juice, rice or almond beverage, or water. Stir briskly. Drink and be vibrant.

100% Plant-Based
20+ Grams of Protein

WHOLE FOOD PROTEIN & MATCHA GREEN TEA

Energizing **Detoxify**
Digestible **Low Carb**

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*These statements have not been evaluated by the FDA.

This product is not intended to diagnose, treat, cure or prevent any disease.

PRO MATCHA

Pro Matcha contains the world's finest and most renowned DoMatcha brand matcha tea, imported by Andrews & George, Vancouver, Canada. The whole tea leaf is consumed providing an arsenal of nutrients, vitamins, minerals, antioxidants, and amino acids – making it one of the healthiest beverages on Earth. To match the potency in a single serving of Matcha, you would need to drink at least 10 cups of green tea. Matcha is unique in that it provides L-Theanine, an amino acid that promotes a relaxed yet productive alertness and mood enhancement. L-Theanine works synergistically with the caffeine in Matcha to provide clarity and concentration without the jitters. Matcha provides sustained energy for up to 4 hours without the crash you may feel with coffee. Also unlike coffee, DoMatcha is alkalizing rather than acidic. Matcha has been renowned in Zen Buddhist culture for centuries due to its mood and concentration enhancing effects. It also has 6 times more amino acids than common black and green teas and is loaded with chlorophyll, a major detoxifier.

PROTEIN

Algal, Sacha Inchi, Yellow Pea, and Spirulina provide 21 grams of protein. This strong protein combination curbs hunger, provides Omega 3,6,9 fatty acids (in proper ratios), detoxifies, is low in carbs, boosts immunity, and is easily absorbed. Pro Matcha protein contains all essential amino acids and branched-chain amino acids (BCAAs). Amino acids, the building blocks of proteins, have various functions related to energy production. There are 9 essential (must get from our diets) amino acids and 12 non-essential (produced by the body) amino acids. BCAAs represent 40% of the daily requirement of all 9 essential amino acids. BCAAs have been used to prevent fatigue, improve concentration, and to avoid or lessen sore muscles after exercise. Exercise creates an increase in serotonin levels, which can reduce stress but can also cause fatigue. BCAAs are believed to decrease serotonin levels, thus cancelling out the fatigue from exercise and enhancing exercise performance. Additionally, BCAAs have been shown to help with muscle synthesis and prevent muscle loss.

Pro Matcha is

- Low carb
- Hypo-allergenic
- Digestible
- pH balancing

Contains

- All essential amino acids & BCAAs
- Fiber
- Vitamins
- Minerals
- Phytonutrients

And...

- Energizes
- Aids in weight control
- Curbs hunger
- Detoxifies
- Supports immunity

Pro Matcha is perfect for pre or post workout and is suitable for vegan and vegetarian diets. It's the perfect addition to smoothies, lattes, and can be used for baking.



MATCHA TEA

Matcha is an antioxidant with a touch of caffeine that enhances the energizing effects of Pro Matcha.

