

Super Natural Calcium Powder

Supplement Facts

Serving Size 1 scoop (6.28g) Servings per container about 30

Amount per serving	% Daily Value
Calories	5
Total Carbohydrate.....	1 g <1%**
Dietary fiber	<1 g 2%**
Protein	<1 g 1%**
Vitamin A (from plant carotenoids)	4.8 mcg 1%
Vitamin C (from plants).....	0.2 mg 0%
Calcium (from plants)	737 mg 57%
Iron (from plants)	4.4 mg 24%
Vitamin E (from plants).....	1.3 mg 9%
Vitamin B1 (Thiamine) from plants	2.5 mg 208%
Vitamin B2 (Riboflavin) from plants	0.02 mg 2%
Vitamin B3 (Nicotinic acid) from plants.....	5 mg 31%
Vitamin B6 (Pyridoxine) from plants	2 mg 118%
Vitamin B5 (Pantothenic acid)	3.5 mg 70%
Phosphorus (from plants)	10 mg 1%
Magnesium (from glycinate 310mg; from plants 40mg).....	350 mg 83%
Copper (from plants)	0.1 mg 11%
Manganese (from plants)	0.04 mg 2%
Molybdenum (from plants).....	10 mcg 22%
Sodium (from plants)	10 mg 0%
Potassium (from plants).....	55 mg 1%
Hydrilla verticillata powder.....	2.31 g *
Magnesium (elemental from glycinate 20%)..	1.97 g *
Aquamin® calcified mineral source Red Algae	
Lithothamnion sp.	1.21 g *
Silicon (from plants).....	600 mcg *

**Percent Daily Values are based on a 2,000 calorie diet

*Daily value not established

Other Ingredients Citric Acid Powder (500mg), Yacon (Smallanthus sonchifolius) root powder (200mg), Natural Chai Cream Spice Flavor (55mg), Lo Han Guo 80% magroside extract (30mg)

Super Natural Calcium Tablets

Supplement Facts

Serving Size 4 Tablets..... Servings Per Container 30

Amount per Serving % Daily Value

Calories	5	
Calories from fat	0	
Total Carbohydrate	1 g.....	0%
Dietary fiber	<1 g.....	0.33%
Sugars.....	0 g	
Protein.....	<1 g.....	1%**
Vitamin A (from plants)	8.8 i.u.....	0%
Vitamin E (from plants)	1.2 i.u.....	4%
Vitamin B1 (Thiamine) from plants	2.8 mg	190%
Vitamin B3(Nicotinic acid) from plants.....	5.6 mg	30%
Vitamin B5(Pantothenic acid) from plants	4 mg	40%
Vitamin B6(Pyridoxine) from plants	2.4 mg	120%
Calcium from plants.....	844 mg	85%
Iron from plants.....	5 mg	30%
Phosphorus from plants	12 mg	1%
Magnesium from plants	48 mg	12%
Chloride from plants.....	1.6 mg	<1%
Sodium from plants.....	12 mg	<1%**
Potassium from plants.....	65 mg	2%**
Silicon from plants.....	640 mcg.....	*

Hydrilla Verticillata powder	2,640 mg	*
Lithothamnium sp. calcareous marine algae.....	1,384 mg	*

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Other Ingredients dicalcium phosphate, microcrystalline cellulose (plant based), stearic acid (plant based), magnesium stearate (plant based) and silicon dioxide