



### **General questions**

1. What problems can you identify in this story? Are solutions presented?
2. In what way might this story be relevant in your community?

### **Further exploration**

1. In this example, yoga is being used in the prison system. Can you think of any other institutions that should adopt this practice?
2. There's no hard evidence yet that yoga helps rehabilitate the inmates, but prison officials say they see no downside to the morning classes. Without any supporting data, should they be expanding it to the entire prison system?
3. If the yoga program wasn't incentivized by early release benefits, do you think it would be seeing the same success?