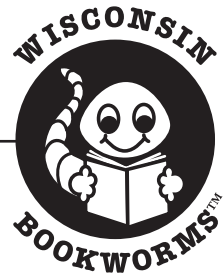


Activity Sheet



"Up, Down and Around"

by Katherine Ayres, illustrated by Nadine Bernard Westcott

A garden produces a variety of edible plants — corn that grows up, onions that grow down and tomato vines that twine all around.

Before you read this book: Talk about up and down. Practice reaching way up high and down low to the floor.

While you read this book: Explore math patterns: See if the children can guess which way the next vegetable will grow — up, down, or around. After reading through the book once, give each child the name of a vegetable in the book. When they hear the name of their vegetable, they can jump up, and twist and turn in the direction, just like in the book.

After you read this book:

- Use Vegetables for Art Supplies
- Cut a cucumber in half and make a design on the meat of it. Let your children use it as a stamp
- Use asparagus for paintbrushes.
- Use carrots to make lines.
- Use corn on the cob for roller painting.

At home: Plant your own vegetables in a small garden spot or in planters.

Check out these other great books:

"The Vegetables We Eat" by Gail Gibbons

"Muncha! Muncha! Muncha!" by Candace Fleming and G. Brian Karas

"Growing Vegetable Soup" by Lois Ehlert

"Eating the Alphabet" by Lois Ehlert

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